

Health Ministry Team  
Annual Report for 2010

Members are Beryl and Don Cumberland, Barb and Jim Driver, Emilie Hagerdorn, Dorothea Koch, Darlene Norman and LeeAnn Perin. We meet approximately 8 times during a calendar year.

Blood pressures are taken once a month after worship services. Average clients=10.

The Prayer Shawl Ministry is a function of Health Ministry. We meet monthly, Sept. -May. In 2010 we have given away 27 shawls to GLC members and friends including babies and Southeast Ohio and Lutheran Village. We have about 6-8 ladies crocheting and knitting these items. A few items were also made and donated to Nationwide Childrens' Hospital.

We had Red Cross blood drives on April 10 (13 pints) and Oct. 16 (10 units). In addition to the usual refreshments provided by the Red Cross for donors we also serve hot chicken sandwiches and carrots and dip.

Our Flu Shot Clinic on Oct. 17 resulted in shots given to 18 people. Life Care Alliance and GLC member, Pam Seidelmann, RN, head this up for us.

Caring Contacts is a ministry whereby congregational members commit to a year being paired up with an ill or homebound member. Their activities may include visits, cards, taking recordings of our services, rides to dr. appointments, rides to church, an occasional meal or out to eat. We presently have 26 GLC members "caring for" 26 of our ill and homebound. This commitment is renewed each January or a person can opt out of the ministry.

In April we had a class of instruction in CPR and the use of our AED taught by a certified instructor. Five people attended and were certified to join the list of those previously trained. Some who attend are doing a "refresher."

Home Communion is a part of our Caring Contacts. We are trying to place more emphasis on this part of our ministry by instructing more of our "caregivers" in giving communion. Presently communion is taken to 4 people on a regular (monthly) basis.

A Tai Chi class was taught in Jan. by GLC member Wayne Melton. There were 10-12 in the class. It was so successful that we added an extra 6 weeks at the end which was attended by several of the original attendees.

Another function of Health Ministry is to provide funeral luncheons. Jan Davis heads up this ministry. In 2010 funeral luncheons were provided for the Donna Baer, Bunk and George and Meghan Smith families.

We had a display table at the GLC Mission Fair.

Dorothea Koch and Emilie Hagerdorn attend Parish Nursing meetings conducted monthly by Ohio Health with whom Gethsemane's Health Ministry is in covenant. Educational topics are presented and continuing ed credits are available for attending. They have a retreat every March and in Dec. they have a social event to "honor" the parish nurses/health ministers from the 40+ churches in covenant in the Columbus area.

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Submitted by Emilie Hagerdorn, RN